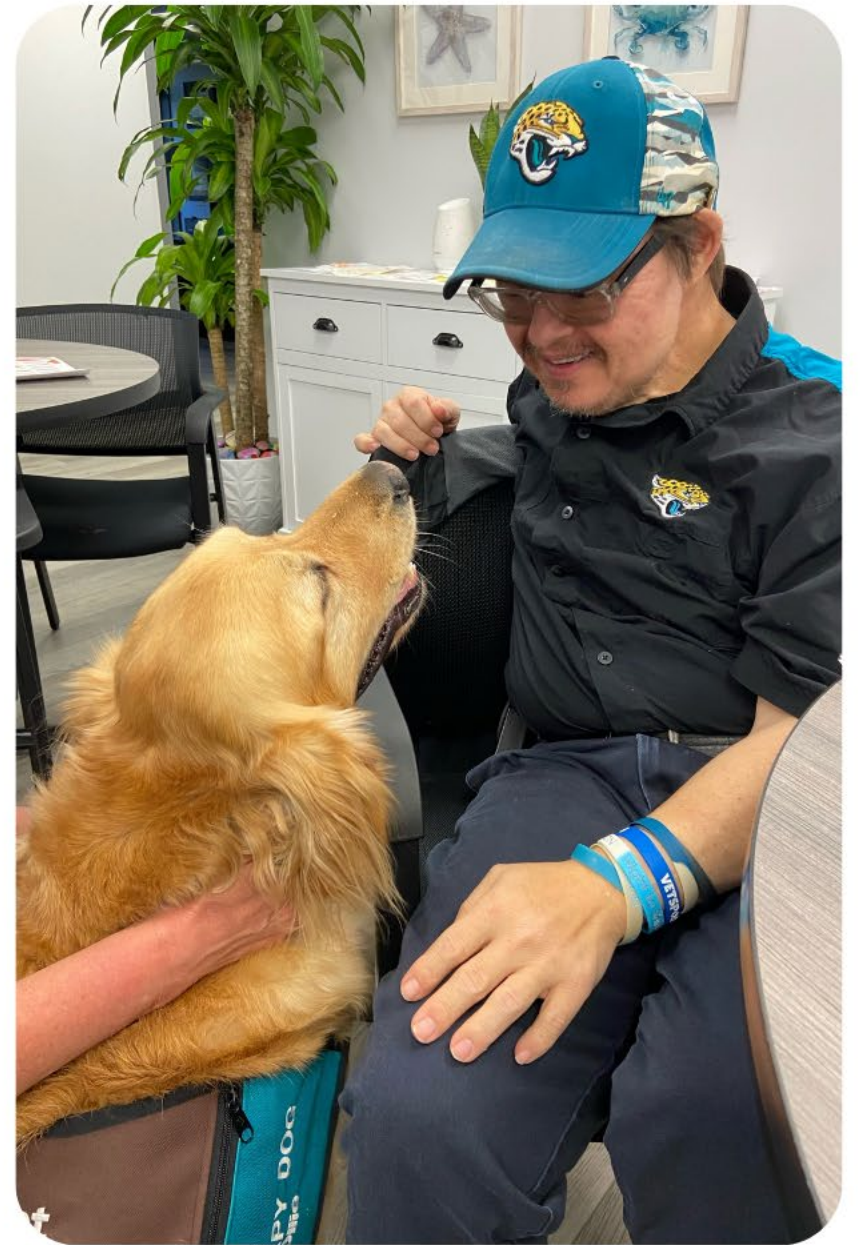


Specialized Aging Support (SAs)

Meeting the Needs of Diverse Aging Populations.

Aging & dementia services for individuals with intellectual and developmental differences.



1

Create a dementia capable workforce

2

Provide services to those living with or at high-risk of dementia

3

Increase support and education for caregivers

**3 MAIN
INITIATIVES**



BACKGROUND

- Down syndrome: **90% risk** of developing ADRD within their lifetime, with an increasing rate as they age through each decade of life after age 40.
- Other IDD Diagnoses: **50% higher rate** of developing ADRD than the typical population
- Activities including exercise, proper nutrition, cognitive stimulation, and social interaction have been shown to **minimize impact** and **delay onset** of ADRD

SAS Major Milestones



345 individuals trained on IDD & Dementia Basics

109 individuals trained on IDD & Dementia Behavior Symptom Management

29 professionals trained on NTG Dementia Capable Care of ID & Dementia



29 individuals attending SAS day center

56 Caregivers supported through Caregiver Education Nights & expert consultation

4 full 12-week curriculums developed



\$996,178 Administration for Community Living Grant

\$50,000 Baptist Health Foundations Grant

\$25,000 Community Foundations Grant

OT billing established by becoming a Medicare Provider

Day Center billing established through FL Agency for Persons with Disabilities

A day in the life at SAS

9:00–9:30AM

Cognitive Orientation

9:30AM–10:00AM

Movement & Exercise

10:00AM–10:30AM

Sensory/ Life Skills

10:30–11:00AM

Nutrition

11:00AM–12:00PM

Creative Expression

12:00–12:30PM

Reminiscence & Recollection

12:30–1:30PM

Lunch & Dismissal

**Create a
Dementia
Capable
Workforce**

**Initial and
On-going
Assessments**

**Caregiver
Support &
Education**



"He used to do activity books and color-by-numbers all the time. When the dementia kicked in, he stopped doing these things. Ever since he started SAS, he started picking those things up again! All around he is in such a great mood, and I know the program is already helping."

**-Personal Support of an individual with
IDD living with dementia**

Questions?

E-mail us at SAS@arcjacksonville.org

